



HAF Report 2022



Move



Create



Explore



Eat well



OUR HOLIDAY PROGRAMME

The Sheffield Healthy Holidays programme had another busy year in 2022. Across our three Holiday Activities and Food (HAF) delivery periods in 2022, we were delighted with the high-quality provision and support provided to our young people and families. As the number of children and young people eligible for free school meals (FSM) grows, programmes like HAF play a crucial role in helping families with the cost-of-living crisis.

Since 2021, the government has invested over £200 million each year in the holiday activities and food (HAF) programme. This funding is for the 153 upper-tier local authorities to coordinate and provide free holiday club provision, including healthy food and enriching activities during the Easter, Summer, and Christmas school holidays to children from reception to year 11 who receive benefit-related free school meals.

School holidays can be pressure points for some families because of increased costs, such as food and childcare, and reduced incomes if working hours are reduced for childcare reasons. For some children that can lead to a holiday experience gap, with children from disadvantaged families less likely to access organised out-of-school activities; more likely to experience 'unhealthy holidays' in terms of nutrition and physical health, and more likely to experience social isolation.

HAF offers many benefits to children:

- Eating healthy and nutritious food during the school holidays
- An opportunity to participate in a huge range of sporting and physical activities.
- Access to many different creative and enriching activities
- Having fun and making new friends during the school holidays
- Getting access to the right support services
- Returning to school safe and secure and ready to learn

Families also benefit when HAF provision considers their needs. Examples include.

- Providing parents/carers with opportunities to get involved in cookery classes.
- Signposting to other sources of information, advice and support, wellbeing services, or employment opportunities.

Sheffield Healthy Holidays is funded by DfE under the Holiday Activities and Food Programme.



The Sheffield HAF Approach

Our primary aim is for children to have fun and have access to a huge variety of high-quality activities with nutritious food across the city. Families have told us that local activities and easy accessibility are very important, activities were delivered across Sheffield in schools and community venues that are located within and familiar to the communities that need them.



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A Place-based Hub And Spoke Model

The goal of our place-based approach is to reach as many eligible children as possible. Our delivery model is based on strong partnership working with the voluntary, community, and faith sectors (VCFS). We commissioned a local VCFS anchor organisation to coordinate and commission HAF provision for each school locality area.

These organisations have detailed local knowledge and existing relationships with community partners, schools, and most importantly families in their locality and can ensure provision is appealing and accessible.

In addition to the place-based offer, we also commissioned several providers to run a variety of citywide holiday clubs, including swimming lessons and music production. We also worked directly with approximately 20 schools across Sheffield in 2022, who either directly delivered HAF activities or opened their premises for providers to utilise.

Feedback received from providers highlighted the hub and spoke model allowed for increased partnership working within localities. The model created many opportunities for providers to build relationships and to work in partnership beyond the HAF programme. In addition to supporting children & families, we also see a role for HAF in strengthening and enhancing community provision in the city to leave a legacy.



WINTER



4,848 children & young people attended at least one activity



Days of provision



7,983 activity places were filled



70%

Primary

30%

Secondary

Age profile of the children & young people that attended



SEND specific provision



1000's of healthy meals provided



Healthy eating workshops delivered



EASTER



6,240 children and young people attended at least one activity



Days of provision



Over 100 activity providers



Primary



Secondary

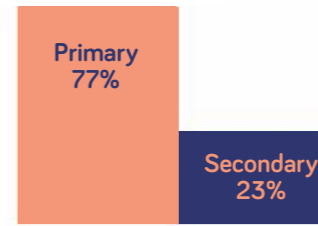
Age profile of the children & young people that attended



11,478 children & young people attended at least one activity

SUMMER

41,815 activity places were filled



Age profile of the children & young people that attended



SEND specific provision



Activity providers



Healthy eating workshops delivered



1000's of healthy meals provided

Ensuring High Quality Delivery

We require all Sheffield Healthy Holiday Club providers to deliver the HAF programme framework standards. In 2022, these standards were:

- Nutritious food provision
- Enriching activities
- Physical Activities
- Nutritional Education
- Food Education for families and carers
- Signposting and referrals
- Robust policies and procedures
- Effective safeguarding

In 2022, Voluntary Action Sheffield (VAS) provided capacity support to HAF providers and led our HAF communications strategy. VAS arranged several core training modules for providers, these were a mixture of in-person and online, including Food Safety Level 2, Introduction to Allergens, First Aid: Level 3 Emergency Paediatric

Their training attracted a diverse group of learners from various backgrounds, including Pakistani and Somali men and women. Additionally, VAS provided support both face to face and over the phone to organisations that wanted to deliver HAF and signposted VCFS groups to information that included: DBS information, safeguarding policies, and risk assessments and provided a friendly supportive ear!

In October 2022, we hosted a provider network event. This afforded HAF providers an opportunity to meet each other to share plans and ideas. Included on this day were two HAF training sessions.

1. SEND - Delivering inclusive HAF provision.
2. Increasing awareness of healthy eating, healthy lifestyles, and positive behaviours



HAF Framework Snapshot

Physical Activity	Enriching Activity	Nutritious Food	Food Education for Families & Carers
Kids and young people had access to a wide variety of sports and physical activities to keep active, learn new skills, and experience new activities e.g. Martial Arts, Football, Athletics, Basketball etc	Children and young people had access to a range of varied enriching activities during their school holidays, from creative arts, music production and blacksmithing	A key aspect of the programme is the provision of nutritious food. We have worked with providers to ensure that they provide healthy meals and snacks. We also have an app that helps providers with recipes and activities IN-FoodForLife (jotform.com).	In the Summer of 2022, we commissioned two providers to deliver tailor-made family cook-along sessions across our seven school localities. The feedback from these sessions was superb!

Communications & Marketing



www.sheffieldhealthyholidays.org.uk



Every Sheffield family eligible for the programme received an invitation letter in the summer of 2022. Additionally, all schools and relevant professionals were asked to promote and share HAF information to all eligible families. We have a dedicated Sheffield Healthy Holidays website <https://sheffieldhealthyholidays.org> that hosts our online bookings and dedicated social media accounts. In 2022, the website had over 12,000 visitors.



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HAF Grant 2022

The funding received from DfE to deliver the holiday activities and food programme is calculated based on the number of children eligible for and in receipt of benefits-related free school meals in Sheffield. The funding provided is to cover the provision of free face-to-face holiday places and for the coordination of the programme. In 2022, the Department for Education awarded Sheffield City Council £2,708,510.00 for the delivery of the HAF programme. An additional award of £131,830.00 was made in December, totalling £2,840,340.00.

Breakdown Of Costs:

Face-to-face holiday club provision	£2,334,261.71
Marketing and communications, other costs (inc: translations, transport, provider staff training, booking systems etc)	£77,170.38
Capital expenditure (e.g. catering or sports equipment for clubs)	£85,353.92
Management and administration of the programme by the L.A	£145,750.09
The DfE made an additional payment (spent across the programme)	£131,830
Total spend	£2,774,266.10

Feedback From Children & Young people, Parents & Providers

CHILDREN



“ I normally feel invisible at home and school but today I felt like everyone could see me. ”

“ I love the camps; they are so much fun.”



“ You get to play sports and learn new things here. I like that. I told my mum at first that I didn't want to come, but I regret saying that! ”

“ I like camp because we can come and have some fun and get fit rather than be stuck at home. I'm sad it's the last week! ”

PARENTS



"(my child) is really enjoying attending the sessions, she keeps asking what theme will be next and what the character will be. It is nice for her to have some time away from her siblings and do something she enjoys."



“(the parent) kept reminding our staff how much their child enjoyed it and can't talk about anything else and are always asking when the next session is.”



PROVIDERS



“It was amazing to see so many high needs children access such a wide range of provision, try new activities and benefit from experienced positive and inspiring staff.”

“Children attended our camps who wouldn't have been able to any other way, mainly due to the financial barrier of attending. Some families told us that their children would have gone without food if they hadn't come to camp.”



“No negative impacts only that it ended, and they would not leave. They would go on into the dark our kids they loved the activities and our team. The benefits are massive, we provided a personalised team building certificate for every child, with key skills on it, trust, leadership, problem solving, communication, listening, motivation etc. They made new friends and interacted with new local communities, met strangers and then they became their buddies, parents met too and chatted.”



This summer's HAF projects will be our biggest so far!

Hinde House Academy,
Brigantia Academy Trust, Sheffield

As an academy with a higher-than-average number of disadvantaged students, we have always done our best to make sure we offer our students as many opportunities as we can. When COVID hit in 2021 we managed to secure some funding from Sheffield City Council HAF Team to run a summer school for our upcoming Year 7 students. We had around thirty students on site for 8 days and ran a variety of workshops from sports to creative activities. Some were run by our fantastic staff and others by local businesses or community links, like Sheffield Museum.

Since then, we've ran sessions over the school holidays for as many disadvantaged students as we can, and as frequently as we can. The funding we have secured from the HAF programme has seen us take trips out to local attractions (including a VERY wet hike around Padley Gorge) and have local activity providers come into the academy to run sessions. We have been lucky enough to have E-Scooter workshops as well as regular graphic design workshops. These have linked to the HAF healthy eating programme and seen students make healthy and affordable meals as well as design vinyl wall wrap displays.

It has been a fantastic couple of years, and we are opening our gates over the summer for a greater number of days and a greater number of disadvantaged students. It truly helps families in the area as it means their children can be safe for a few days over the holidays and go home having a healthy, nutritious meal. It is also brilliant for our students to see staff in a different light, running activities that would not normally take place during the school day.



Pictures of our Vinyl wall wrapping where we incorporated healthy eating guidelines/ recipes into a graphic design workshop.

Our HAF link in Sheffield City Council has been so helpful in assisting us with securing funding and it is meant that this summer's HAF projects will be our biggest so far! If we were to offer 3 top tips for other HAF providers, it would be:

1. Use every penny of funding wisely, making sure that students get the absolute benefit.
2. Bring in different people from the community so that students are fully immersed in new experiences.
3. Expose students to new tastes and creations through the money assigned to feeding students.

Connor Elliott, Assistant Principal, Hinde House, Sheffield

Thank You!

We would like to thank all our HAF providers for their continued commitment to the HAF programme. The school holidays can be a very difficult time for families and the programme offers children around the city a wide range of high-quality activities with food. The feedback we have had so far from both the children and their families has been fantastic. Without you all this would not be possible so thank you for your time, energy, and commitment.



Watch J2W's Music Video





Thank You to all our HAF providers!

187th Street Scouts
Active Education
Active Fusion
Allama Iqbal Cricket Club
Amazelab
Arbourthorne Community Primary
Arbourthorne Pond
Arches Schools Sports Partnership
Ashiana
Aspiring Communities Together
Astrea Academy
Ballers Sports Coaching
Bare Project
Beighton Lifestyle Centre
Complete Education Solutions
Best Start Communities
Blacksmithing
Brendan Ingles Foundation
Buzz Sheffield
Care for Young Peoples Future
Chance to Dance
ChilyPep
Community Youth Services
ComputerXplorers
MASH Production
Cryo Sports UK
Curaik martial Arts
Darnall Education & Sports Academy
Darnall FA
Darnall Library
Darnall Well Being
Debutots
Dickory Dock Nursery
Direct Action Training
Eagles Foundation
Endeavour Training Ltd

Excel Martial Arts
Family Voice
Fir Vale Community Hub
Fit Kids/ Forest Skills
Flower Estate Family Action
Forge Youth
Foxhill Forum
FURD
Galeed House
Green Estate
Greentop Circus
Growtheatre
Hartleybrook Primary School
Heeley City Farm
High Green Development Trust
Highfield Adventure Playground
Hinde House Academy
Hope City
House Skatepark
Ignite Imaginations
Imagination Gaming
In2Change
Inman Pavilion
Integrating & Inspiring Communities
Isracc
Jane Collins Yoga
Jordanthorpe Library
Limitless Homes/Always an Alternative
Lindley Trust
Link Learning
Links Schools Sports Partnership
Longley 4 Green
MASKK
Meet the bees
Mums United
Musical Works

New Beginnings - VAS
Noodle Art
Norfolk Community Primary
Oasis Don Valley
On Board Skate Park
On the Move
Onboard Skatepark
Outwood City Academy
Owlerbrook Primary
Parkwood E-Act Academy
Philimore Primary School
Pinders Dance
Pitsmoor Adventure Playground
Premier Education
Project Intake
Qualitas Sport
Reach Up Youth
RivelinCo
Roshni
Saalik Youth
Sams Space
SCLC
Sharrow Community Forum
Sheffield Caribbean Cricket Club
Sheffield City Boxing Club
Sheffield City Council - Youth Services
Sheffield City Trust
Sheffield Football Club
Sheffield Inclusion Centre
Sheffield Music School
Sheffield Roller Hockey Academy
Sheffield United Community Foundation
Sheffield Wednesday FC Community Programme
Sheffield Womens Aid
ShipShape
Smart Peepz

SOAR
Southey Primary School
SportWorks
St Patrick's Catholic Voluntary Academy
Steamworks
Steel City Sports
Stocksbridge Community Leisure Centre
Stubbin Tara
Studio 54
Sunsetters
Syds Fitness Centre
The Element Society
The Emann Trust of Sheffield
The Hadfield Institute
The Meadows
The Montgomery Theatre and Arts Centre
The Terminus Initiative
Thorncliffe Health & Leisure
Thorncliffe United
Tinsely Meadows Primary
Tinsley Allotment
Tusaale Football Club
U Do It Dance Foundation
UIS Gym
Unity Gym Project
Upper Wincobank Chapel
Well With Nature
Whiteways Primary School
Windmill Lane Project
Women of South Yorkshire
Yewlands Academy
Youth Sports Pathway
ZEST